

Chinese Herbology

General Decocting Requirements...

Decoct First:

Bie Jia
Cao Wu
Chuan wu
Ci Shi
Dai Zhi She
Fu Zi
Gui Ban
Long Gu
Mu Li
Shi Gao
Shi Jue Ming
Shui Niu Jiao
Si Gua Lou
Zhen Zhu Mu

Added Near the End:

Bai Dou Kou
Bo He
Da Huang
Mu Xiang
Qing Hao
Sha Ren

Decoct in Gauze:

Bi Yu San
Che Qian Zi
Chi Shi Zhi
Liu Yu San
Xuan Fu Hua

Seperatley Decocted or Simmered:

Lu Rong
Ren Shen
Xi Yang Shen

Dissolved in the Strained Decoction:

E Jiao
Yi Tang

Taken with the Strained Decoction:

Chuan Bei Mu
Niu Huang
San Qi
Zhu Li
Zhu Sha

